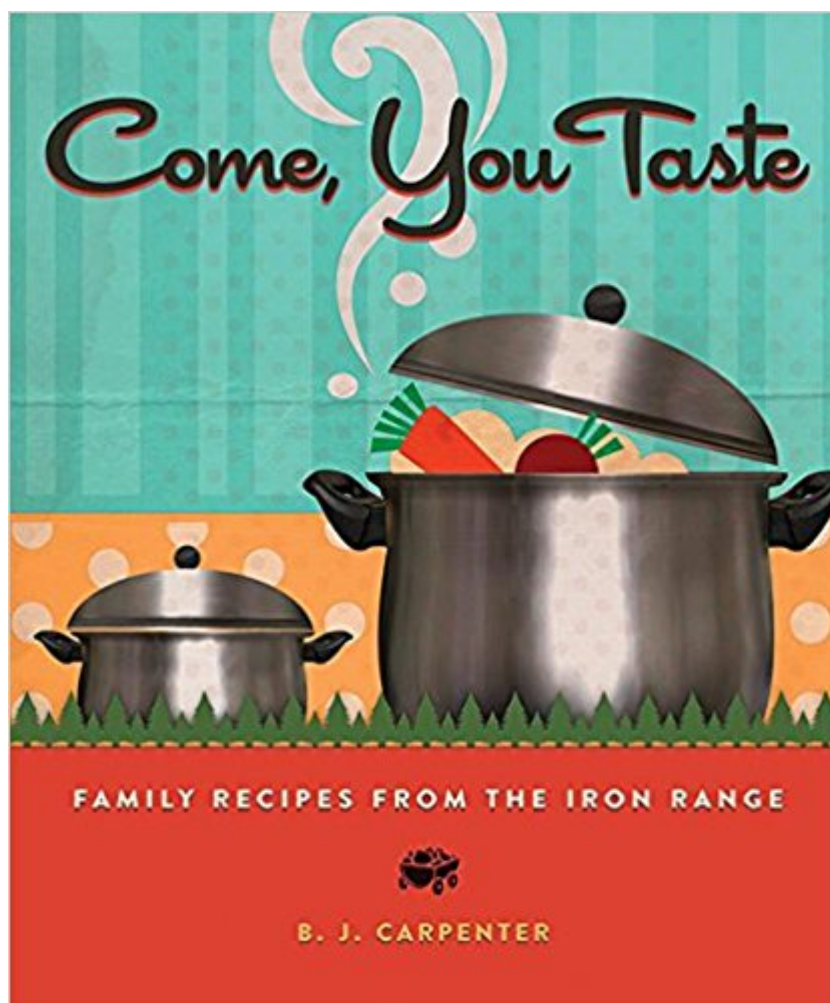




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Come, You Taste: Family Recipes From The Iron Range



Synopsis

Potica or kolache, sarma or braciola, lutefisk or baccala, fattigman or lefseâ "Minnesota's Iron Range has a culinary language all its own. The pursuit of rich iron ore in the early twentieth century drew workers who hailed from Finland, Sweden, Slovenia, Italy, and many other places, and as the men went to work in the mines, their families adjusted together to this new land. The immigrants' children, that first generation, grew up in multiethnic communities where grandmothers shared the bounty of their gardens and the products of their kitchensâ "and everyone savored a new mix of food traditions. Come, You Taste celebrates the cuisine of these numerous groups and features fond memories of neighborhoods now gone, of flavors and scents that mingled on a single block, of local entrepreneurs who lifted up old-world dishes like porketta and pasties and potica. Second-generation Iron Ranger B. J. Carpenter has collected stories and treasured recipes that will inspire modern cooks to explore this brand of Minnesota cuisine in their own kitchens. Whatever the name of the dish, whatever the ethnic connection, these breads and pastries, hearty mains, and tempting sides all fit the bill of "very good food."

Book Information

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Customer Reviews

This is a great cookbook and genuine to the northern Minnesota Iron Range area. The stories are great to read and the recipes are from immigrant grandmas. This is all food from "the old country" and cooked with time and love. In some cases, skill as well (i.e. stretching out strudel or potica dough across your dining room table till it's thin enough to read a newspaper through it.) There's a lot of food I've never heard of in this book as well.

Being from the Iron Range this cookbook is a delight! So many recipes from my childhood as well as stories which I can relate to. Wonderful to read about the Ting Town drive-in -- I remember going there as a kid and remember that their bar-b-que sauce was the best ever. I am so pleased that I met a woman visiting AZ who told a group of us at lunch about this cookbook. Have recommended it to others who are also enjoying it.

This is a great cookbook of recipes and stories collected from the Iron Range of Minnesota where the people are predominantly Italian, Croatian and Finnish. I gave it to a friend for Christmas because we both are from this region but live in a different area now. It was such a hit that she purchased it for her two sisters.

Bought as a birthday present for my Dad, born and raised on the Range. I haven't read it yet, but have had a 20 minute phone call hearing stories, and based on that, can give it 5 stars. :-)

Another reason for the 5 stars, my Dad, who is proficient in boiling water and making toast, is planning on trying to make hard rolls for Porketta, from the recipe for Italian bread...

I grew up on the Iron Range of Northern Minnesota. To find a book like this one made me really happy. The book is a fantastic repository of good food and photos from back in the day. Recommended to anyone, anywhere. You don't have to be from Lake Wobegon to enjoy this book. Come, You Taste.

Was ok and the stories were interesting as I personally knew some of the cooks, but the recipes I was looking for weren't in there unfortunately.

The book is a great collection of ethnic recipes with good historical background. I was a little disappointed that there were no recipes attributed to the eastern part of the Iron Range where my family and I used to live.

Good recipes but love the stories. Delightful cookbook . Gave 2 as gifts to relatives.

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